



INFORMATION ON LUNCH BAGS AND BOXES

- Lunch bags and boxes can **only be pre-ordered** during online-registration until April 28th, 2025 and **cannot be purchased onsite**.
- If you do not want to pre-order lunch bags/boxes, there will be a variety of cash bars in the congress venue available to buy lunch directly onsite.
- You can choose between **cold lunch bags** and **warm lunch boxes**.
- The options for cold lunch bags and warm lunch boxes are **regular, vegan** and **special**. The special options consist of ingredients that are **lactose free** and **gluten free**.
- Lunch bags/boxes are available on Saturday (May 24th), Sunday (May 25th), Monday (May 26th) and Tuesday (May 27th).
- You can select **one lunch bag/box per day** (maximum 4 items in total).
- Information on where and how to collect your lunch bags/boxes onsite will be sent to you in due time before the conference starts.

PRICES:

- **Cold Lunch Bags or Warm Lunch Boxes**
 - Warm: € 30,50
 - Cold: € 30,50
 - Special cold: € 32,94
 - Special warm: € 32,94

All prices included 22% Italian VAT.

If you want to know what each lunch bag/box contains in detail, please refer to the overview below.

ESHG 2025 - LUNCH BAGS & BOXES MENU

Saturday, May 24th

Cold Lunch Bags	Warm Lunch Boxes
Regular <ul style="list-style-type: none"> • Multigrain Focaccia with roasted turkey, salad, Bernese sauce • Cous Cous salad with curry, legumes and chicken • Mixed cereal bar fruit • Vegan fruit yoghurt 	Regular <ul style="list-style-type: none"> • Orchiette pasta creamed with saffron and speck • Cous Cous salad with curry, legumes and chicken • Mixed cereal bar fruit • Vegan fruit yoghurt
Vegan <ul style="list-style-type: none"> • Italian ciabatta multicereal bread with grilled vegetables and dried tomatoes • Mixed salad with pearl barley, beans, green peppers, cherry tomatoes • Rosemary breadsticks • Vegan fruit yoghurt 	Vegan <ul style="list-style-type: none"> • Orecchiette pasta with broccoli and turnip greens • Mixed salad with pearl barley, beans, green peppers, cherry tomatoes • Rosemary breadsticks • Vegan fruit yoghurt
Special (Gluten free and Lactose free) <ul style="list-style-type: none"> • Focaccia with cooked ham, Emmenthal cheese, mayo • Mixed salad, beans, green peppers, cherry tomatoes • Parmesan rolls • Lactose free yoghurt 	Special (Gluten free and Lactose free) <ul style="list-style-type: none"> • Lasagna Bolognese • Mixed salad, beans, green peppers, cherry tomatoes • Parmesan rolls • Lactose free yoghurt

Sunday, May 25th

Cold Lunch Bags	Warm Lunch Boxes
Regular <ul style="list-style-type: none"> • Italian filoncino corn bread with bresaola, tomato, aged cheese, rocket • Spelt with vegetables and mozzarella cheese • Pack of salty crackers • Vegan fruit yoghurt 	Regular <ul style="list-style-type: none"> • Lasagna Bolognese style • Spelt with vegetables and mozzarella cheese • Pack of salty crackers • Vegan fruit yoghurt
Vegan <ul style="list-style-type: none"> • Tomato arabo sandwich bread with creamed carrots and grilles zucchini • Mixed salad, saffron yellow rice, beans, cucumbers, carrots • Lemon cookies • Vegan fruit yoghurt 	Vegan <ul style="list-style-type: none"> • Pennette creamed with 3 cherry tomatoes and basil • Mixed salad, saffron yellow rice, beans, cucumbers, carrots • Lemon cookies • Vegan fruit yoghurt
Special (Gluten free and Lactose free) <ul style="list-style-type: none"> • Baguette with crudo ham, mozzarella cheese, arugula • Mixed salad, rice, beans, cucumbers, carrots • Sesame breadsticks • Lactose free yoghurt 	Special (Gluten free and Lactose free) <ul style="list-style-type: none"> • Pasta with vegetables tris double cooked • Mixed salad, rice, beans, cucumbers, carrots • Sesame breadsticks • Lactose free yoghurt

Monday, May 26th

Cold Lunch Bags	Warm Lunch Boxes
Regular <ul style="list-style-type: none"> • Italian ciabatta bread with salami, cheese spread with olives pate • Rice salad with pesto, cooked ham and mozzarella cheese • Mixed cereal bar chocolate • Vegan fruit yoghurt 	Regular <ul style="list-style-type: none"> • Cannelloni stuffed with meat, herbs and ricotta cheese au gratin with tomatoes • Rice salad with pesto, cooked ham and mozzarella cheese • Mixed cereal bar chocolate • Vegan fruit yoghurt
Vegan <ul style="list-style-type: none"> • Italian ciabatta bread with grilled vegetables and chickpea hummus • Mixed salad, spelt, chickpeas, peppers, tomatoes • Buckwheat italian tarallini • Vegan fruit yoghurt 	Vegan <ul style="list-style-type: none"> • Millerighe cacio e pepe pasta • Mixed salad, spelt, chickpeas, peppers, tomatoes • Buckwheat italian tarallini • Vegan fruit yoghurt
Special (Gluten free and Lactose free) <ul style="list-style-type: none"> • Focaccia with speck, fontina cheese, pink sauce • Mixed salad, corn cous cous, chickpeas, tomatoes • Oregano cracker • Lactose free yoghurt 	Special (Gluten free and Lactose free) <ul style="list-style-type: none"> • Veggie lasagna • Mixed salad, corn cous cous, chickpeas, tomatoes • Oregano cracker • Lactose free yoghurt

Cold Lunch Bags	Warm Lunch Boxes
<p>Regular</p> <ul style="list-style-type: none"> • Slice of focaccia with cooked ham, mozzarella cheese • Mixed salad with arugula, carrots, cherry tomatoes, corn, spelt, edamame, feta cheese, black olives, cucumber, roasted turkey, toasted soybeans • Single portion of mixed dried fruit • Vegan fruit yoghurt 	<p>Regular</p> <ul style="list-style-type: none"> • Gnocchetti Sardinian style with sausage, pecorino cheese and tomato • Mixed salad with arugula, carrots, cherry tomatoes, corn, spelt, edamame, feta cheese, black olives, cucumber, roasted turkey, toasted soybeans • Single portion of mixed dried fruit • Vegan fruit yoghurt
<p>Vegan</p> <ul style="list-style-type: none"> • Arabo wholemeal bread with olives pate, tomato and salad • Mixed salad, black rice, corn, zucchini, carrots • Chocolate cookies • Vegan fruit yoghurt 	<p>Vegan</p> <ul style="list-style-type: none"> • Whole wheat pennette with vegan radicchio pesto • Mixed salad, black rice, corn, zucchini, carrots • Chocolate cookies • Vegan fruit yoghurt
<p>Special (Gluten free and Lactose free)</p> <ul style="list-style-type: none"> • Baguette with mortadella and artichokes • Mixed salad, buckwheat, corn, zucchini, carrots • Salty wholemeal crackers • Lactose free yoghurt 	<p>Special (Gluten free and Lactose free)</p> <ul style="list-style-type: none"> • Baked pasta au gratin • Mixed salad, buckwheat, corn, zucchini, carrots • Salty wholemeal crackers • Lactose free yoghurt